



**You leave school to go out  
and slay a dragon  
And save the world,  
But, alas, there are no dragons,  
At least not in your neighbourhood  
So you wind up campaigning  
Against the occasional lizard.  
Bring on the dragons!**

Dragon poem  
(page 56 *Peak Principles for High Achievers* by J. R. Noe)

## **Passion Assessment**

1. What are you passionate about?
2. At the end of your life, what would you love to be able to look back and know that you had done something about?
3. What conversation would keep you talking late into the night?
4. What group, age or particular type of people do you feel strongly drawn towards?
5. What key issues or causes do you feel strongly about?

## **Your Story**

1. Your goal: what you wanted to accomplish:
2. Some kind of hurdle, obstacle or constraint that you faced:
3. A description of what you did, step by step:
4. A description of the outcome or result:
5. Any measurable/quantifiable statement of the outcome:

## Thinking style questionnaire

Do you think like:

Einstein,

David Beckham,

Shakespeare,

Mother Teresa,

Sigmund Freud,

Plato,

Darwin,

Jimi Hendrix,

Picasso

**Your Strengths ....**

## Ten Powerful Questions

- by Karen Childress

1. If I had a more meaningful life, what would that look like?
2. What am I committed to and what can I get excited about?
3. If I were not at all concerned with what other people thought of me, what would I most like to do, be, or accomplish?
4. If money were not an issue, how would I spend each day?
5. What do I need to start or stop doing so that my daily life will be more in sync with my larger goals and values?
6. What one big thing do I need to change in order to improve my chances for future success?
7. In what area do I need to un-complicate my life in order to move forward with my true vision and goals?
8. Am I pushing myself hard enough or am I pushing myself too hard?
9. If I were to achieve all of my goals, would I be satisfied? How will I know when I have "enough"?
10. Where should my attention be now?